

XTC Squamish Off-Road Multisport Race

Overall Results 2009

Duathlon

RACE #	NAME	CATEGORY	RUN	BIKE (incl. 1 st Run)	FINALTIME
1	189 McCroy, Heath	Du Men 30-39	20:24	1:26:56	2:11:25
(Unofficial Time)					
2	193 Markez, John	Du Men 30-39	22:04	1:33:31	2:20:08
3	194 McMillan, Ashley	Du Men 30-39	31:22	1:59:56	2:53:55
4	188 Sawers, Norman	Du Men 40-49	28:34	2:00:23	2:55:12
5	185 Eastman, Rick	Du Men 40-49	28:33	1:59:15	2:58:18
6	191 Collier Goetsch,	Du Women 18-29	31:12	2:11:04	3:15:46
7	187 De Condappa, Gilles	Du Men 18-29	50:46	2:32:58	3:59:11
8	186 Phoenix, Rob	Du Men 40-49			DNS

Duathlon - Half

RACE #	NAME	CATEGORY	RUN	BIKE (incl. 1 st Run)	FINALTIME
1	341 King, Heather	Half Du Women 30-39	27:43	1:11:32	1:38:32
2	340 Mills-Guest, Amy	Half Du Women 20-29	25:36	1:20:06	1:44:47
3	324 Sussey, Richard	Half Du Men 30-39	28:59	1:20:38	1:50:29
4	302 Gera, Marcel	Half Du Men 40-49	28:04	1:28:32	1:55:34
5	338 Doran-Veevers, Stephanie	Half Du Women 20-29	30:44	1:28:45	2:01:19
6	304 Russell, Sonya	Half Du Women 30-39	32:47	1:57:55	2:29:37
7	339 Jenks, Susan	Half Du Women 40-49			DNF
8	303 Little, Chris	Half Du Women 40-49			DNS

Triathlon

RACE #	NAME	CATEGORY	SWIM	BIKE (incl. swim)	FINALTIME
1	147 Guest, Kelly	Full - Men Elite	20:14	1:23:35	2:01:30
2	83 Zaryski, Calvin	Full - Men 40-44	23:04	1:31:26	2:12:07
3	87 Duncan, Munro	Full - Men 30-34	24:58	1:25:13	2:14:09
4	145 Bryden, Jordan	Full - Men Elite	20:33	1:33:41	2:17:43
5	71 Crosthwaite, Ian	Full - Men 30-34	24:34	1:36:51	2:20:39
6	56 Wood, Daryl	Full - Men 35-39	28:16	1:44:02	2:21:01
7	88 Dunne, Simon	Full - Men 25-29	26:07	1:41:24	2:22:19
8	68 Bishop, Chris	Full - Men 35-39	26:48	1:36:26	2:23:16
9	142 VanDeweghe, Kirk	Full - Men 45-49	22:54	1:36:58	2:23:55
10	140 Cutjar, Kevin	Full - Men 40-44	23:07	1:40:51	2:25:34
11	135 Watson, Peter	Full - Men 18-24	26:06	1:38:39	2:28:06
12	132 Letailleur, Loic	Full - Men 25-29	26:38	1:41:30	2:29:03
13	134 Letailleur, Yannick	Full - Men 18-24	29:37	1:46:15	2:29:29
14	146 Charuk, Mike	Full - Men 45-49	32:50	1:48:56	2:30:55
15	85 Robinson, Darren	Full - Men 35-39	30:13	1:43:18	2:31:01
16	48 Bozek, Bertrand	Full - Men 40-44	23:27	1:45:55	2:32:16
17	91 Killam, Nathan	Full - Men 18-24	23:01	1:53:24	2:34:50
18	80 Messing, Sean	Full - Men 35-39	29:09	1:47:40	2:35:18
19	86 Kenyon, Scott	Full - Men 30-34	27:08	1:48:34	2:35:35
20	95 Evanson, Phil	Full - Men 45-49	29:55	1:45:46	2:35:48
21	139 Edwards, Mike	Full - Men 40-44	29:33	1:47:49	2:36:31
22	144 Schulz, Graham	Full - Men 35-39	31:00	1:49:55	2:38:17
23	73 Stoffelsma, Nathaniel	Full - Men 30-34	25:52	1:47:30	2:41:20
24	141 Cunningham, Sean	Full - Men 45-49	24:42	1:47:30	2:41:26
25	131 Watterson, John	Full - Men 40-44	28:30	1:52:03	2:44:59
26	62 McWilliams, Colin	Full - Men 25-29	36:09	1:57:49	2:47:54
27	54 Walsh, Mike	Full - Men 45-49	28:13	1:54:27	2:49:03
28	11 Douglas, Ryan	Full - Men 35-39	30:48	1:54:13	2:50:47
29	61 Richardson, David	Full - Men 45-49	27:08	1:48:26	2:50:55
30	10 Menning, Grace	Full - Women 35-39	34:15	1:55:18	2:52:00
31	89 Allen, Julian	Full - Men 45-49	32:35	2:02:07	2:52:06
32	93 Andrews, Trevor	Full - Men 40-44	32:44	2:03:31	2:56:07
33	47 Campbell, Garth	Full - Men 45-49	40:54	2:05:51	2:59:23
34	51 Olsen, John	Full - Men 30-34	30:08	2:03:22	2:59:32
35	92 Strother, Sarah	Full - Women 35-39	32:32	2:05:57	3:05:03
36	133 Johnson, Jeffrey	Full - Men 40-44	28:46	2:03:20	3:05:25
37	58 Pace, Melissa	Full - Women 40-44	31:59	2:37:19	3:05:34
38	66 Hopkins, Craig	Full - Men 25-29	36:51	2:13:34	3:06:35
39	70 Myrak, Stacey	Full - Women 45-49	29:41	2:10:08	3:08:47
40	49 Salmon, Laura	Full - Women 35-39	31:43	2:02:10	3:12:44
41	81 Wong, Felix	Full - Men 30-34	38:43	2:16:41	3:16:15

42	143	Angrignon, Troy	Full - Men 40-44	39:15	2:16:08	3:17:35
43	69	Moors, Cheryl	Full - Women 45-49	37:24	2:20:35	3:20:50
44	63	Brammer, Scott	Full - Men 40-44	35:30	2:16:06	3:22:04
45	57	Abrams, David	Full - Men 25-29	36:25	1:57:10	3:23:09
46	138	Morote, Tamsyn	Full - Women 35-39	31:31	2:15:27	3:23:15
47	65	Bobick, Michael	Full - Men 50-54	30:08	2:07:31	3:24:07
48	72	Murphy, Pat	Full - Men 45-49	34:10	2:14:07	3:27:07
49	53	Bell, Stephen	Full - Men 35-39	33:38	2:21:11	3:29:59
50	4	Ruman, Tanya	Full - Women 35-39	42:43	2:51:18	3:30:11
51	2	Martin, Mark	Full - Men 30-34	32:42	2:16:33	3:30:12
52	136	Peterson, Michelle	Full - Women 30 -34	33:40	2:24:53	3:31:12
53	55	Walsh, Linda	Full - Women 45-49	36:33	2:24:59	3:32:04
54	67	Fisher, Jarod	Full - Men 25-29	44:30	2:32:36	3:34:34
55	137	Bjorseth, Leif	Full - Men 55-59	35:22	2:32:11	3:44:56
56	74	Morgan, Joanne	Full - Women 50-54	36:22	2:42:40	3:46:17
57	50	Neill, Randene	Full - Women 40-44	39:02	2:42:27	3:46:59
58	60	Paxton Dunaway, Dan	Full - Men 60-64	39:01	2:48:40	4:09:38
59	195	Sandie, Bert	Full - Men 40-44		1:51:28	DNF
60	7	Lefebvre, Shelby	Full - Women 30 -34			DNS
61	94	Pollock, Mike	Full - Men 35-39			DNS
62	82	Champigny, Mike	Full - Men 30-34			DNS
63	59	Pollock, Tara	Full - Women 30 -34			DNS
64	84	Kermer, Brian	Full - Men 40-44			DNS
65	64	Logie, Tim	Full - Men 40-44			DNS

Triathlon - Half

RACE #	NAME	CATEGORY	SWIM	BIKE (incl. swim)	FINALTIME
1	251 Cave, Peter	Half - Men 35-39	15:44	57:18	1:21:22
2	290 Droz, Alexia	Half - Women 35-39	15:22	56:40	1:21:41
3	297 Hopkins, Trevor	Half - Men 35-39	21:59	58:06	1:22:41
4	270 Husken, Mark	Half - Men 40-44	17:23	57:29	1:23:21
5	294 Szopa, Dominik	Half - Men 30-34	15:43	59:05	1:25:29
6	292 Moliner, Sirel	Half - Men 25-29	21:12	1:01:30	1:26:59
7	287 Weightman, Jeff	Half - Men 25-29	16:55	1:03:02	1:27:51
8	257 Friesen, Dalen	Half - Women 35-39	17:17	1:01:42	1:28:03
9	258 Morel Wood, Natalie	Half - Women 30 -34	17:55	1:01:37	1:28:09
10	286 Warren, Nicole	Half - Women 25-29	14:13	1:02:31	1:29:44
11	244 McKeown, Sky	Half - Men 35-39	17:28	1:01:11	1:31:46
12	261 Cogger, Christine	Half - Women 35-39	17:30	1:02:23	1:32:18
13	255 Smith, Jeffrey B.	Half - Men 40-44	22:56	1:07:20	1:32:47
14	274 Gage, Kari	Half - Women 35-39	17:39	1:05:18	1:34:22
15	285 Achtem, Leslie	Half - Women 40-44	14:01	1:06:48	1:34:51
16	289 Stanojevic, Toni	Half - Women 30 -34	14:34	1:07:12	1:36:31
17	248 Sagar, Laura	Half - Women 25-29	20:49	1:08:38	1:37:20
18	296 Seager, Susan	Half - Women 35-39	22:30	1:10:29	1:37:38
19	263 Weir, Graeme	Half - Men 30-34	15:04	1:07:01	1:38:09
20	273 Levis, Eric	Half - Men 35-39	19:29	1:06:55	1:40:21
21	268 Duggan, Ryan	Half - Men 25-29	23:37	1:13:57	1:40:23
22	288 Boileau, Stephanie	Half - Women 30 -34	21:46	1:10:52	1:42:13
23	266 Tate, Ian	Half - Men 45-49	17:20	1:17:31	1:48:14
24	242 Huck, Kerri	Half - Women 25-29	24:02	1:19:58	1:50:50
25	264 Knapton, Darlene	Half - Women 45-49	22:28	1:17:46	1:51:11
26	295 Duess, Samantha	Half - Women 35-39	24:51	1:24:57	1:52:30
27	254 Kardos, Andrea	Half - Men 35-39	17:53	1:14:12	1:53:27
28	269 Barker, Nicole	Half - Women 20-24	20:58	1:20:37	1:55:20
29	272 Davies, Jillian	Half - Women 40-44	21:38	1:16:20	1:55:20
30	298 Salat, Peter	Half - Men 30-34	16:57	1:22:25	1:55:37
31	243 Protheroe, Kay	Half - Women 35-39	20:53	1:21:04	1:58:20
32	293 Parkison, Brian	Half - Men 65-69	18:06	1:17:27	1:59:35
33	267 Jones, Trevor	Half - Men 50-54	22:38	1:24:08	2:01:03
34	284 Sawers, Alison	Half - Women 45-49	22:09	1:31:02	2:04:52
34	252 Hudson, Dayna	Half - Women 20-24	2:08:56	1:31:26	
35	245 Hagerty, Kenny	Half - Men 30-34	22:54	1:32:30	2:12:32
36	259 Parker, Amanda	Half - Women 30 -34	24:03	1:30:39	2:21:37
37	291 Bozek, Marie-Claude	Half - Women 30 -34	13:50	1:39:56	2:28:15
38	246 Harrison, Ingrid	Half - Women 45-49	21:04	1:35:22	2:32:02
39	260 Merenyi, Tom	Half - Men 45-49	DNS		
40	256 Blaylock, Karen	Half - Women 50-54	DNS		

41	250 Kirk, Kim	Half - Women 45-49	DNS
42	247 Radage, Lesel	Half - Women 30 -34	DNS

Triathlon - Team

RACE #	NAME	CATEGORY	SWIM	BIKE (incl. swim)	FINALTIME
1	125 , Slinkerhaze	Full Team Men	23:56	1:45:29	2:31.22
2	123 , Tri Hard	Full Team Men		1:57:34	2:52:36
3	96 , TEAM KB	Full Team Men	34:14	2:10:43	2:57:10
4	129 , Team Chesnut	Full Team Coed	25:45	1:58:07	2:57:16
5	99 , Team CSC	Full Team Coed	24:49	1:58:37	3:09:30
6	97 , South Delta Tri Hard	Full Team Coed	24:56	2:08:12	3:27:27
7	98 Kiwis, Krazy	Full Team Coed			3:22:19
8	130 , Old &/or Injure	Full Team Coed			DNS